

## VAN NESS RECREATION CENTER 5720 2ND AVE

LOS ANGELES, CA 90043







Class

<u>Day</u>

**Time** 

<u>Age</u>

**Self Defense** 

Wednesday

4pm-5pm

5-7 Years

**Self Defense** 

Wednesday

5pm-6pm

8-12 Years

January 24 - March 13









O VANNESS\_PARK

WWW.FACEBOOK.COM/VANNESS.PARK2019

Persons with disabilities are welcome to participate in our programs, reasonable accommodations will be made with prior arrangements.

All information/activities are subject to change or cancellation without prior notice.