



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
VAN NUYS RECREATION CENTER
14301 VANOWEN ST. VAN NUYS, CA 91405
PHONE: (818) 756-8131



FALL CLASSES

TUESDAY

TAEKWONDO 1 BEGINNER

5-12YRS @5PM

TAEKWONDO 2 INTERMEDIATE

(FOR PURPLE BELTS AND ABOVE)

5-12 YRS @6PM

TAEKWONDO SPARING

5-12YRS @7PM

WEDNESDAY

GPLA FOLKLORICO BEGINNER

5-17YRS @5:30PM

GPLA FOLKLORICO INTERMEDIATE

5-17YRS @6:30PM

GPLA FOLKLORICO 101

5-17YRS 7:30PM

THURSDAY

GPLA PRE-BALLET & DANCE

3-4YRS @10AM

SATURDAY

BOXING SKILLS

9-17YRS @9AM

REGISTRATION LINK



**REGISTRATION
BEGINS
SEPTEMBER 8TH**

**CLASSES
BEGIN
WEEK OF
OCTOBER
6TH**



**ALL
CLASSES
\$10 FOR
8WKS**

Programs are subject to change. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. NO OTHER REFUNDS WILLBE ALLOWED. PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games providing parks an opportunity to participate for \$10. Waivers available, ask for details.



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CLASES DE OTONO

MARTES

TAEKWONDO 1 BEGINNER

5-12YRS @5PM

TAEKWONDO 2 INTERMEDIATE (FOR PURPLE BELTS AND ABOVE)

5-12YRS @6PM

TAEKWONDO SPARING

5-12YRS @7PM

MIERCOLES

GPLA FOLKLORICO BEGINNER

5-17YRS @5:30PM

GPLA FOLKLORICO INTERMEDIATE

5-17YRS @6:30PM

GPLA FOLKLORICO 101

5-17YRS 7:30PM

JUEVES

GPLA PRE-BALLET & DANCE

3-4YRS @10AM

SABADO

BOXING SKILLS

9-17YRS @9AM

ENLACE DE REGISTRO



CLASES
COMIENZAN
LA SEMANA
DE OCTUBRE
6

REGISTRACION
COMIENZA EL 8 DE
SEPTIEMBRE



TODAS LAS
CLASES \$10
POR 8
SEMANAS

PERSONAS CON DISCAPANIDADES SON BIENVENIDOS A PARTICIPAR EN NUESTROS PROGRAMAS Y CLASES. ADAPTACIONES RAZONABLES SE HARAN CON ARREGLOS PREVIOS. "LOGRANDO EQUIDAD DE GENERO A TRAVES DE UN COMPROMISO CONTINUO CON LAS NINAS Y MUJERES EN LOS DEPORTES." ESTE PROGRAMA ESTA SUJETO A CANCELACION. REEMBOLSOS COMPLETOS SÓLO SE EMITEN CUANDO EL CENTRO CANCELA LA ACTIVIDAD. NO SE PERMITIRÁN OTROS REEMBOLSOS. LOS PROGRAMAS JUVENILES Y ADAPTATIVOS DE PLAYLA SON POSIBLES GRACIAS A LOS JUEGOS OLIMPICOS Y PARALIMPICOS LA28 BRINDANDO A LOS PARQUES LA OPORTUNIDAD DE PARTICIPAR POR \$10. EXENCIONES DISPONIBLES, SOLICITE PARA DETALLES.