



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

14201 HUSTON ST., SHERMAN OAKS, CA 91423

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WINTER 2026 VNSO CLASSES

CLASS REGISTRATION BEGINS NOVEMBER 4, 2025 ONLINE & IN PERSON 9:00AM.

CLASSES BEGIN THE WEEK OF JANUARY 12, 2026 FOR 8 WEEKS*



GYMNASTICS

CLASS	AGES	PRICE	DAYS/ TIME
Tiny-Mite Gymnastics	3-4	\$110	THURS 2:30PM
Tiny-Mite Gymnastics	3-4	\$110	THURS 3:30PM
Girls Gymnastics I	5-6	\$110	THURS 4:30PM
Girls Gymnastics II	7-8	\$110	THURS 5:30PM
Girls Gymnastics III	9-13	\$110	THURS 6:30PM



PERFORMANCE



CLASS	AGES	PRICE	DAYS/ TIME
Morning Ballet	3-5	\$125	MON 10:00AM
Preschool Ballet	3-4	\$125	MON 3:30 PM
Preschool Ballet	3-4	\$125	WED 3:30 PM
Beginning Ballet	5-6	\$125	MON 4:30 PM
Beginning Ballet	5-6	\$125	MON 5:30 PM
Beginning Ballet	4-5	\$125	WED 4:30 PM
Beginning Ballet	4-5	\$125	WED 5:30 PM
Storybook Ballet	6-8	\$125	MON 6:30 PM
Storybook Ballet	7-11	\$125	WED 6:30 PM
Cheer I	7-8	\$110	TUE 5:30 PM
Cheer I	9-12	\$110	THU 6:00 PM
Hip Hop I	5-6	\$100	SAT 10:00AM
Hip Hop II	7-8	\$100	SAT 12:00 PM
Hip Hop II	7-8	\$100	TUE 6:30PM
Hip Hop III	9-12	\$100	THU 7:00 PM
Drama/Mus. Prod.	6-14	\$80	THU 6:30 PM
Tap & Jazz Dance I	3-5	\$80	MON 4:30 PM
Tap & Jazz Dance II	6-8	\$80	MON 5:30 PM
Tap Dancing I	9-12	\$80	MON 6:30 PM
Tap Dancing Adults	18+	\$80	MON 7:30PM

SELF DEFENSE

CLASS	AGES	PRICE	DAYS/ TIME
Adult Kick Boxing	18+	\$80	TUE 6:00PM
Taekwondo	4-6	\$110	TUE 3:45 PM
Taekwondo	7-10	\$110	TUE 4:30 PM

CHILD ENRICHMENT



CLASS	AGES	PRICE	DAYS/ TIME
Cartooning Arts & Crafts:	5-12	\$100	THU 4:45 PM
Mini & Me: Yoga:	3-18 MONTHS	\$100	THU 10:00 AM



INDOOR RACKET SPORT



CLASS	AGES	PRICE	DAYS/ TIME
Beg. Pickleball	18+	\$125	TUE 9:00 AM
Beg. Pickleball	18+	\$125	WED 9:00 AM
Beg. Pickleball	18+	\$125	THU 9:00 AM
Beg. Pickleball	18+	\$125	FRI 9:00 AM
Int. Pickleball	18+	\$125	TUE 10:00 AM
Int. Pickleball	18+	\$125	WED 10:00 AM
Int. Pickleball	18+	\$125	THURS 10:00 AM
Int. Pickleball	18+	\$125	FRI 10:00 AM
Adv. Pickleball	18+	\$125	THURS 11:00 AM



SPORTS



CLASS	AGES	PRICE	DAYS/ TIME
Tee Ball	3-4	\$110	SAT 9:00 AM
Pitch Tee	5-6	\$110	SAT 10:00 AM
Coach Pitch	7-8	\$110	SAT 11:00 AM
Mighty Mites Flag Football	5-6	\$110	TUE 5:00 PM
Pee Wees Flag Football	7-8	\$110	TUE 6:00 PM
Minors Flag Football	9-10	\$110	WED 5:30 PM
Majors Flag Football	11-12	\$110	WED 6:30 PM
Juniors Flag Football	13-15	\$110	WED 7:30 PM
Mighty Mites Soccer	5-6	\$110	THU 5:00 PM
Pee Wees Soccer	7-8	\$110	THU 6:00 PM
Minors Soccer	9-10	\$110	SAT 9:00AM
Majors Soccer	11-12	\$110	SAT 10:00 AM
Juniors Soccer	13-15	\$110	SAT 11:00 AM
Youth Conditioning	9-15	\$90	MON 4:00 PM



MUSIC



CLASS	AGES	PRICE	DAYS/ TIME
Group Guitar	5-6	\$100	WED 4:30 PM
Group Guitar	7-9	\$100	WED 5:30 PM
Group Guitar	10-16	\$100	WED 6:30 PM

Private Piano, Voice, Violin, and / or Guitar Classes*

Classes are held in 30 minute increments.

Ages: 5 +

Price: \$185 for all 8 sessions

Time Slots are Fridays from 3:00PM - 9:00PM

CLASS INFORMATION

SPOTS ARE LIMITED. REGISTRATION SPACES ARE DETERMINED ON A FIRST COME, FIRST SERVED BASIS. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. INFORMATION IS SUBJECT TO CHANGE. NO REFUNDS OR CREDITS UNLESS THE CLASS IS CANCELED BY THE RECREATION CENTER. PLAYLA YOUTH AND ADAPTIVE YOUTH SPORTS PROGRAM IS MADE POSSIBLE BY THE LA28 OLYMPIC AND PARALYMPIC GAMES.