



December

2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pepper Steak, Sauce, Broccoli, Steamed Brown Rice, Carrot/Bell Pepper & Celery Salad, Pineapple Chunks in juice, Low fat milk	2 Ranch Chicken, Gravy, Barley, Black-Eye-Peas, Kale & Spinach, Warm Cornbread, Orange, Low fat milk 	3 Beef & Macaroni Casserole, Cheese, Seasoned Green Beans, Coleslaw, Fresh Apple, Low fat milk 	4 Curry Chicken, Sauce, Confetti Brown Rice, Seasoned Brussels Sprouts, Corn, Banana, Chocolate Chip Cookie, Low fat milk, Orange juice	5 Roast Pork, Mustard Sauce, Sweet Potato, Mixed Green Salad, Whole Grain Bread, Tropical Fruit Cocktail, Low fat milk
8 Baked Fish, Creole Sauce, Three-Bean Salad, Seasoned Beets, Whole Grain Roll, Fresh Apple, Low fat milk, Orange juice	9 Beef Strips, Sauce, Brown Rice, Seasoned Broccoli, Tri-Color Slaw, Banana, Sugar Cookie, Low fat milk	10 Chicken w/Alfredo Sauce, Barley, Seasoned Stewed Tomatoes, Corn, Tropical Fruit Cocktail, Low fat milk	11 Roast Beef Au jus, Mashed Potatoes, Whole Grain Bread, Kale, Bell Pepper, Mango Salad, Sliced Peaches, Low fat milk	12 Chicken A la King, Bell Pepper, Onion & Celery, Herbed Diced Carrots, Whole Grain Penne Pasta, Orange, Low fat milk
 15 Shepherd's Pie, Mashed Potatoes, Seasoned Green Beans, Whole Grain Roll, Pear, Low fat milk, Orange juice	16 Spaghetti w/ Meat Sauce, Tomato Sauce, Green Peas & Cauliflower, Shred. Carrot, Pear & Bell Pepper Salad, Sliced Peaches, Oatmeal Cookie, Low fat milk	17 Chicken w/Red Sauce, Pinto Beans, Brown Rice, Romaine Lettuce Salad, Tropical Fruit Cocktail, Low fat milk	18 BBQ Beef, BBQ Sauce, Seasoned Spinach, Barley, Mesclun Salad, Cornbread, Orange, Low fat milk	19 Baked Fish w/Garlic Butter, Brown Rice, Broccoli, Coleslaw, Low fat 
22 Tarragon Beef & Noodles w/Parley, Mushroom Sauce, Seasoned Green Peas, Carrot, Bell Pepper, Celery Salad, Banana, Low fat milk	23 Baked Lemon Chicken, Steamed Brown Rice, Kale & Cabbage, Marinated Cucumber Salad, Warm Cornbread, Low fat milk	24 Honey Baked Ham, Candied Sweet Potatoes, Green Beans w/Mushroom, Whole Grain Dinner Roll, Banana, Apple Pie, Low fat milk, Orange juice	25  26	
 29 Turkey Tacos, Sauce, Seasoned Pinto Beans, Mexican Brown Rice, Pico de Gallo, Shred. Cabbage, Tomato, Cilantro, Cheese, Corn Tortillas, Pineapple Tidbits, Low fat milk	30 Beef Meatballs, Gravy, Seasoned Spinach, Pickled Beets, Whole Grain Spaghetti, Gravy, Banana, Low fat milk, Orange juice	31 Beef Short Ribs, Mushroom Sauce, Mixed Greens, Black-Eyed Peas, Brown Rice, Cornbread, Cinnamon Applesauce, Cherry Pie, Low fat milk		

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Department of Aging