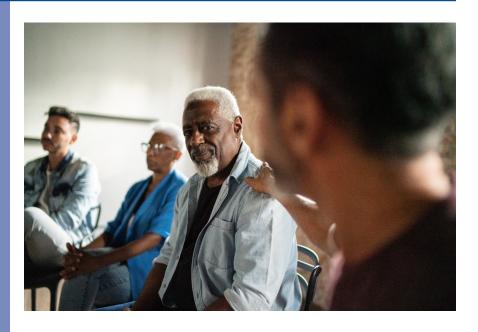
FREE SENIORS CONNECT GROUP

- Reduce feelings of loneliness
- Connect authentically with others
- Join with others having similar struggles
- Share troubles and concerns in a safe place
- Receive support and feedback from others



TUESDAYS

10:00 am - 11:30 am In-Person Group sessions for 10 weeks **STARTING AUGUST 12** at Westchester Senior Center, 8740 Lincoln Blvd

HOW?

No need to register. No fees to pay. Just show up and join us!

For more information, contact Kirstin Zullo Aceves at the Senior Center in-person or by calling (310) 649-3317

FEE:

Sessions are FREE!

SUPERVISED BY:

Stefani Roscoe, LCSW, CGP #60100

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