



Westchester Senior Center

This **NEW YEAR** is all **ABOUT YOU**



W I N T E R - A T - A - G L A N C E

REGISTRATION BEGINS DECEMBER 8, 2025

TO REGISTER FOR OUR PROGRAMS VISIT:

LAPARKS.ORG/SCC/WESTCHESTER

CALL 310-649-3317, OR SIGN UP IN PERSON

BECOME A WSC MEMBER TODAY!

\$15 ANNUAL DUES COVER JAN 1 - DEC 31

Soan here
for all the
details



Follow all the fun
@WESTCHESTER.SCCLA



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE

IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY 310-649-3317, OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS.

WSC WINTER 2026

WESTCHESTER SENIOR CENTER WINTER AT-A-GLANCE

310) 649-3317



PROGRAM	TIME	NON MEMBER FEE	MEMBER FEE	DATES
MONDAY		*No classes 1/19, 2/16, 3/30		
Knitting & Crochet Class	9 AM - 12 PM	\$25 / month	\$25 / month	1/5 - 3/30
Soul Line Dancing	9 AM - 10 AM	\$80	\$40	1/12 - 3/16
Meditation	10:30 AM - 11:15 AM	NA	Free	1/12 - 3/16
Zumba Gold	11:15 AM - 12:15 PM	\$80	\$40	1/12 - 3/16
Boardgames Galore	12:30 PM - 1:30 PM	NA	Free	1/12 - 3/30
Watercolor with Regine	2 PM - 4 PM	\$100	\$50	1/12 - 3/16
Acting & Improv	2:30 PM - 3:30 PM	NA	Free	1/5 - 3/16
MMA for Fitness & Self Defense	7 PM - 8:30 PM	\$90	\$45	1/12 - 3/16
TUESDAY				
Zumba	9 AM - 10 AM	\$10 /month	Free	1/6 - 3/31
Blocking the Punches	10 AM -11 AM	\$20/session	Free	2/3 - 2/24
Pom Pom Squad	11 AM - 12 PM	\$80	\$40	1/13 - 3/3
Walking Club	1 PM -2 PM	Free	Free	1/6 - 3/31
Mixed Media Studio Time	1 PM - 4 PM	\$20 / month	\$10 / month	1/6 - 3/31
Garden Charm	2 PM- 3 PM	\$30/ session	Free	1/6 - 3/31
Card Games with Tyler	5 PM - 6 PM	NA	Free	1/13 - 3/3
Fusion Mat Pilates	6 PM - 6:45 PM	\$90	\$45	1/13 - 3/3
Line Dancing	7 PM - 8 PM	\$80	\$40	1/13 - 3/3
WEDNESDAY				
Zumba	9 AM-10 AM	\$10 / month	Free	1/7 - 3/25
Chair Yoga	10:10 AM - 11:10 AM	\$10 / month	Free	1/14 - 3/25
Tell Me Your Story: Writing	12 PM- 1 PM	Free	Free	1/14 - 3/4
Bridge Smart Phones class	12:30 PM - 2 PM	NA	Free	1/14 - 3/4
- Ping Pong (Open Play)	2:30 PM-4:30 PM	Free	Free	1/7 - 3/25
Social & Latin Dance	7 PM-8 PM	\$80	\$40	1/14 - 3/4
THURSDAY				
Tai Chi	9 AM - 9:45 AM	\$40 / month	\$20 / month	1/8 - 3/26
Gentle Fitness	10 AM - 11 AM	\$10 / month	\$5 / month	1/8 - 3/26
Boogie & Build Senior Fitness	11:15 AM - 12:15 PM	\$80	\$40	1/15 - 3/5
Drawing w Regine	2 PM - 4 PM	\$100	\$50	1/15 - 3/5
Step Aerobics	7 PM - 8 PM	Free	Free	1/8 - 3/26
FRIDAY				
Zumba	9 AM-10 AM	\$10 / month	Free	1/2 - 3/27
Walking Club	10 AM - 10:45 AM	Free	Free	1/2 - 3/27
Safe Stairs with Beth	10:10 AM -11:10 AM	NA	Free	1/16 - 3/06
Brain Fitness	12 PM - 1 PM	\$15	Free	1/2 - 3/27
Makers Club: Scrapbook, Knit, Crochet	1 PM - 3 PM	Free	Free	1/2 - 3/27
MUSIC CLASS OPTIONS		*No classes 1/19, 2/16		
Guitar, Piano, Ukelele (M/T/W/Th)	Times Vary	\$150	\$150	1/12 - 3/5

AFTER THE WEDNESDAY PRIOR TO THE WEEK EACH SESSION BEGINS, NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE SENIOR CENTER. A 15% ADMINISTRATIVE FEE WILL BE ASSESSED BY THE CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS FOR ANY PATRON GRANTED A REFUND. ALL REFUND REQUESTS MUST BE SUBMITTED VIA A REFUND REQUEST FORM. THERE ARE NO REFUNDS OR CREDITS FOR MISSED DAYS.

REFUND POLICY: