



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

WESTCHESTER SENIOR CITIZENS CENTER

8740 Lincoln Boulevard, Los Angeles, CA 90045

310-649-3319



PARK PROUD LA

FIRST MONDAYS

12PM-1PM

FUN!

MUSIC TIME MACHINE

Like cardio for your neurons!

Transport your mind back in time through music!

DJ Rob will play samples of popular music from your past to challenge & stimulate your memory all the while having fun!

Do you remember who you were with or what song was on the radio when...?

Call 310-649-3319 for information.

REALLY FUN!



Persons with disabilities are welcome to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Activities and programs may be subject to change or cancellation. Registration online now: www.laparks.org