

Winter 2020

City of Los Angeles * Department of Recreation & Parks
 Westwood Recreation Center
 1350 S. Sepulveda Blvd. Los Angeles, CA 90025
 Phone: 310.473.3610 / Westwood.RecreationCenter@lacity.org

Children's Classes

CLASSES BEGIN: Week of January 6th unless noted
Registration Begins: December 2nd @ 9am
Register Online: laparks.org/reccenter/westwood

CLASS NAME	AGE	TIME	FEE / WEEKS	INSTRUCTOR	CLASS DATES
MONDAY (No Class: 1/20, 2/17)					
Parent & Me	1.5 - 2.5	9:30 - 10:45am	\$80 / 8wks	Teacher Janet	Dates: 1/13 - 3/16 No Class: 1/20, 2/17
Parent & Me	2.5 - 4	11:00 - 12:15pm	\$80 / 8wks	Teacher Janet	Dates: 1/13 - 3/16 No Class: 1/20, 2/17
Preschool Gymnastics	3 - 4	1:45 - 2:30pm	\$100 / 8wks	Teacher Laura	Dates: 1/13 - 3/16 No Class: 1/20, 2/17
Beginning Gymnastics	4 - 5	3:00 - 3:45pm	\$100 / 8wks	Teacher Laura	Dates: 1/13 - 3/16 No Class: 1/20, 2/17
Inter. / Adv. Gymnastics	5 - 7	3:45 - 4:45pm	\$100 / 8wks	Teacher Laura	Dates: 1/13 - 3/16 No Class: 1/20, 2/17
Inter. / Adv. Gymnastics	8 - 11	4:45 - 5:55pm	\$100 / 8wks	Teacher Laura	Dates: 1/13 - 3/16 No Class: 1/20, 2/17
Volleyball Clinic	8 - 13	6:00 - 7:30pm	\$50 / 7wks	Coach Julia	Dates: 1/13 - 3/9 No Class: 1/20, 2/17
TUESDAY					
Preschool Gymnastics	3 - 4	1:30 - 2:15pm	\$120 / 10wks	Teacher Gregory	Dates: 1/14 - 3/17 No Class:
Beginning Gymnastics	5 - 7	2:30 - 3:30pm	\$120 / 10wks	Teacher Gregory	Dates: 1/14 - 3/17 No Class:
Beginning Gymnastics	4 - 5	3:45 - 4:30pm	\$120 / 10wks	Teacher Gregory	Dates: 1/14 - 3/17 No Class:
Intermediate Gymnastics	6 - 10	4:30 - 5:40pm	\$120 / 10wks	Teacher Gregory	Dates: 1/14 - 3/17 No Class:
Clay & Ceramics for Kids	6 - 10	4:15 - 5:00pm	\$90 / 10wks	Teacher Fereshteh	Dates: 1/14 - 3/17 No Class:
Beg./Inter. Racquetball	13+	7:00 - 8:00pm	\$120 / 11wks	Jacob Helali	Dates: 1/7 - 3/17 No Class:
WEDNESDAY					
Parent & Me	1.5 - 2.5	9:30 - 10:45am	\$100 / 10wks	Teacher Janet	Dates: 1/15 - 3/18 No Class:
Parent & Me	2.5 - 4	11:00 - 12:15pm	\$100 / 10wks	Teacher Janet	Dates: 1/15 - 3/18 No Class:
Preschool Gymnastics	3 - 4	1:45 - 2:30pm	\$120 / 10wks	Teacher Laura	Dates: 1/15 - 3/18 No Class:
Beginning Gymnastics	4 - 5	3:00 - 3:45pm	\$120 / 10wks	Teacher Laura	Dates: 1/15 - 3/18 No Class:
Beg. / Inter. Gymnastics	5 - 7	3:45 - 4:45pm	\$120 / 10wks	Laura & Gregory	Dates: 1/15 - 3/18 No Class:
Beg. / Inter. Gymnastics	8 - 11	4:45 - 5:55pm	\$120 / 10wks	Teacher Laura	Dates: 1/15 - 3/18 No Class:
Gymnastics + Ninja	7 - 11	6:00 - 7:00pm	\$120 / 10wks	Teacher Gregory	Dates: 1/15 - 3/18 No Class:
Kids Yoga & Meditation	8 - 12	3:45 - 4:30pm	\$120 / 10wks	Teacher Megan	Dates: 1/15 - 3/18 No Class:
Kids Yoga & Meditation	5 - 7	4:45 - 5:30pm	\$120 / 10wks	Teacher Megan	Dates: 1/15 - 3/18 No Class:
Drawing and Painting	5 - 11	4:00 - 5:00pm	\$80 / 10wks	Teacher Annie	Dates: 1/15 - 3/18 No Class:
High Five Basketball Clinic	5 - 8	4:00 - 4:45pm	\$90 / 9wks	Staff	Dates: 1/15 - 3/11 No Class:

****The classes and programs in this flyer may be subject to change or cancellation**.**



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THURSDAY					
Soccer Clinic	5 - 7	3:15 - 4:00pm	\$90 / 9wks	Staff	Dates: 1/16 - 3/12 No Class:
Soccer Clinic	8 - 10	4:15 - 5:00pm	\$90 / 9wks	Staff	Dates: 1/16 - 3/12 No Class:
High Five Basketball Clinic	5 - 8	4:00 - 4:45pm	\$90 / 9wks	Staff	Dates: 1/16 - 3/12 No Class:
Karate Academy	4 - 6	4:00 - 5:00pm	\$100 / 10wks	Teacher Dorvil	Dates: 1/16 - 3/19 No Class:
Karate Academy	5 - 7	5:00 - 6:00pm	\$100 / 10wks	Teacher Dorvil	Dates: 1/16 - 3/19 No Class:
Advance Karate	17 & under	6:00 - 7:00pm	\$100 / 10wks	Teacher Dorvil	Dates: 1/16 - 3/19 No Class:
FRIDAY					
Beginning Gymnastics	4 - 5	3:00 - 3:45pm	\$120 / 10wks	Gregory & Laura	Dates: 1/17 - 3/20 No Class:
Beg. / Inter. Gymnastics	5 - 8	3:45 - 4:45pm	\$120 / 10wks	Gregory & Laura	Dates: 1/17 - 3/20 No Class:
Gymnastics & Acrobatic Dance	9 - 14	4:45 - 6:00pm	\$120 / 10wks	Gregory & Laura	Dates: 1/17 - 3/20 No Class:
SATURDAY					
Preschool Gymnastics	3 - 4	9:00 - 9:45am	\$120 / 10wks	Gregory & Emily	Dates: 1/18 - 3/21 No Class:
Beginning Gymnastics	4 - 5	9:45 - 10:30am	\$120 / 10wks	Gregory & Emily	Dates: 1/18 - 3/21 No Class:
Beg. / Inter. Gymnastics	5 - 7	10:45 - 11:45am	\$120 / 10wks	Gregory & Emily	Dates: 1/18 - 3/21 No Class:
Beg. / Inter. Gymnastics	7 - 11	11:45 - 12:55am	\$120 / 10wks	Gregory & Emily	Dates: 1/18 - 3/21 No Class:
Preschool Gymnastics	3 - 4	1:00 - 1:45pm	\$120 / 10wks	Gregory & Emily	Dates: 1/18 - 3/21 No Class:

Adult Classes

CLASS NAME	AGE	TIME	FEE / WEEKS	INSTRUCTOR	CLASS DATES
MONDAY (No Class: 1/20, 2/17)					
Exercise For Fitness (M/W/F)	18+	8:00 - 9:00am	\$155 / 10wks	Deidra Smith	Dates: 1/13 - 3/20 No Class: 1/20, 2/17
TUESDAY					
Body Pump (T/Th)	18+	8:00 - 9:00am	\$110 / 10wks	Deidra Smith	Dates: 1/14 - 3/19 No Class:
Beginning Tai-Chi	18+	7:00 - 8:30pm	\$135 / 11wks	Peter Asco	Dates: 1/7 - 3/17 No Class:
Sculpting for Adults	18+	9:00 - 2:00pm	\$220 / 10wks	Fereshteh Faghihi	Dates: 1/14 - 3/17 No Class:
Beginners 1 Racquetball	18+	7:00 - 8:00pm	\$120 / 11wks	Jacob Helali	Dates: 1/7 - 3/17 No Class:
Beginners 2 Racquetball	18+	8:00 - 9:00pm	\$120 / 11wks	Jacob Helali	Dates: 1/7 - 3/17 No Class:
Beg. / Inter. Racquetball	13+	7:00 - 8:00pm	\$120 / 11wks	Jacob Helali	Dates: 1/7 - 3/17 No Class:
THURSDAY					
Self Defense for Adults	18+	7:00 - 8:00pm	\$100 / 10wks	Teacher Dorvil	Dates: 1/16 - 3/19 No Class:
Intermediate I Racquetball	18+	7:00 - 8:00pm	\$120 / 11wks	Jacob Helali	Dates: 1/9 - 3/19 No Class:
Advance I Racquetball	18+	8:00 - 9:00pm	\$120 / 11wks	Jacob Helali	Dates: 1/9 - 3/19 No Class: