



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

WINNETKA RECREATION CENTER

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PlayLA Youth and
Adaptive Youth Sports
Program is made
possible by the LA28
Olympic and
Paralympic Games.

\$10

(Includes
uniform &
Award)



SPRING 2025 FLAG FOOTBALL CO-REC & GPLA LEAGUE

REGISTRATION OPENS JULY 28TH

ONLINE AT 9:00 AM / IN-PERSON AT 9:30 AM

Registration remains open until league is full.

***MANDATORY EVALUATIONS: SEPTEMBER 13TH**

Division	Year of Birth	Evaluation
Rookie (4-6)	2021 - 2019	September 13 th at 9:30 am
Pee Wee (7-8)	2016-2018	September 13 th at 10:30 am
Minor (9-10)	2014-2017	September 13 th at 11:30 am
Major (11-12)	2012-2013	September 13 th at 11:30 am
GPLA Girls Minor/Major	2012-2014	September 13 th at 11:30 am

Volunteer Coaches Request



*Must be fingerprinted with LA
Rec. & Parks.

*Must attend the season
coaches meeting on 9/22

Register Online



*Must log-in to your
account

*Opens at 9:00 am
on July 28th



Achieving gender equity through a continuous commitment to girls and women in sports.
Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

ADDITIONAL INFORMATION - FALL SPORTS

Thank you for registering your child for our PlayLA Co-Rec and GPLA sports leagues. The goals of our youth sports leagues are not intended to be high pressured or fiercely competitive. Rather we want to focus on providing each participant with an instructional and rewarding experience that aims to target and enhance new and previous talents. Please note the following information so you are prepared for the season:

Registration: You can register online or in-person until all spots are filled. Registration is \$10/per player which includes the uniform (jersey and shorts) and an award at the end of the season. Registration will begin on July 28th at 9:00 am online and 9:30 am in-person.

Mandatory Evaluations: Your child must attend their evaluation for team placement. Reminder emails will be sent one (1) week before your evaluation date.

Team Assignments: All teams will be drafted by staff and/or volunteers. **Only siblings in the same household will be on the same team if they are in the correct age division.** You may notify staff of team requests at the evaluation; however **there are NO GUARANTEES for special requests.** You will receive an email for your team assignment no later than September 25th by 9:00 pm. There will be no team switches.

Practices: All practices will begin the week of September 29th. Your practice time will be posted on your team assignment email. Majority of practices will be after during the week after 5:00 pm, although practices are based on volunteer availability. Please join your team’s telegram group chat for updates from your coach.

Games: All games will begin the week of October 6th and will end with an award ceremony after their last game on November 22nd.

Uniforms/Equipment: Your child will receive a jersey and shorts from their coach at the practice before games begin. Please note that due to long delivery times, sizes are estimated when ordered and we do our best to hand out uniforms from tallest to smallest players. We will provide all sport balls but players are welcome to bring their own ball. Students should bring 1-2 bottles of water to remain hydrated during practices/games. If outdoors wear sunscreen and hats as needed. We recommend the following equipment for your specific sport league:

Supplies	Soccer	Volleyball	Flag Football
Parent/Player Provides	Shin Guards, Cleats	Knee Pads	Mouth Guard
Park will provide	Balls, Goals, Cones	Balls	Balls, Flags, Cones

Tentative Practice Schedule (Subject to Change)		
Volleyball	Flag Football	Soccer
Tuesday, Wednesday, Thursday Between 5:00 pm - 9:30 pm Games: Saturdays	Tuesday, Wednesday Between 5:00 pm - 9:30 pm Games: Saturday or Weeknight	Monday, Thursday Between 4:30 pm - 8:30 pm Games: Saturdays