POOL RULES

Pool employee interpretation of rules shall be final.

- Entrance is denied to:
 - o Children under 7 without an adult within arms reach at all
 - o Children under 4 without a swim diaper
 - Persons under the influence of alchohol or narcotics
 - o Persons with colds, cough, and open wounds.
- · Please check in all valuables with clerk.
- · All patrons must either wear swim trunks with drawstring and netting or a bathing suit. No basketball shorts, underwear or
- No shirts allowed on deck or in the water. (No white rash quards are allowed.)
- Smoking is prohibited.
- Soap showers must be taken before entering the water.
- Foul or derogatory language will not be tolerated.
- No eating or drinking on deck. Only water or sports drinks in non-breakable containers.
- No running on deck
- . No diving in shallow water
- · No climbing, jumping or sitting on guard towers.
- No hypoxic training (prolonged breath holding)
- All patrons who wish to enter deep water must pass a swim test per visit to facility.
- Kickboards and pool buoys are provided only during lap swim
- Do not interfere with a lifeguard rescue.

LESSON LEVELS

Preschool Aquatics

Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1)

Introduction to water safety and acclimation. Floating in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on their own.

Beginner (Level 2)

Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water

Advanced Beginner (Level 3)

Participants learn advanced skills, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving. freestyle and elementary backstroke.

Intermediate (Level 4)

Refine freestyle and elementary backstroke. Introduction to backstroke, breaststroke, sidestroke and butterfly. Turns and surface dives are also introduced.

Swimmer (Level 5)

Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine performance of all six swimming

FEES

Youth (17 & Under): \$1.00 Adults (18-49): \$4.00 Adults 50+: \$1.00 Persons with Disabilities: \$1.00 Adult Lap Pass - \$88.00 for 30 Admissions Admission Pass - \$25.00 for 30 Admissions

(Admission Pass for Persons w/ Disabilities and Adults 50+)

Adult Lap Swim

Monday & Friday

6 pm - 8 pm* *Limited lanes available

Saturday & Sunday

1 pm - 5 pm* *Limited lanes available

Recreational Swim

Monday - Friday 4:30pm - 8:00pm Saturday - Sunday 1:00pm - 5:00pm

Holiday Hours

IndigenousPeoples Day

Mon, Oct 13, 2025	Closed	
Veteran's Day Tue, Nov 11, 2025	Closed	
Thanksgiving Day		
Thu, Nov 27, 2025 Fri, Nov 28, 2025	Closed Closed	
Christmas Eve		
Wed, Dec 24, 2025	1pm - 5pm	
Christmas Day		
Thu, Dec 25, 2025	Closed	
New Year's Eve		
Wed, Dec 31, 2025	1pm - 5pm	
New Year's Day	-	
Thu, January 1,2025	Closed	

CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

BOARD OF COMMISSIONERS

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YOSEMITE POOL FALL 2025

Contact us at:

(323)226-1668 yosemite.pool@lacity.org laparks.org/aquatic/year-round/yosemite-pool



FALL

SEPTEMBER 2ND - DECEMBER 31ST

1840 Yosemite Dr. Los Angeles CA, 90041



@Yosemiteparkpool.lacityparks



TEAM SPORTS

Team Registration:

Saturday, August 23, 2025 at 9am (Fall) & Saturday November 8, 2025 at 9am (Winter)

Ages 7- 17:

Age verification is required and must be on file before the first meet or the participant will not be allowed to compete.

USA Swim Team: Tue-Fri

Drv-Land Workout: 4:30 pm - 5:00 pm Swim Training: 5:00 pm - 6:00 pm

Cost: \$10

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability, and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities.

GROUP LESSONS Weekdays

Youth Lessons - Tuesday & Thursday

Tiny Tots	4:30 pm - 4:55 pm
WaterConfidence	5:00 pm - 5:25 pm
Beginner	5:30 pm - 5:55 pm
Adv. Beginner	6:00 pm - 6:25 pm
Adaptive	6:30 pm - 6:55 pm
Adult Beginner	7:00 pm - 7:25 pm

Youth Lessons - Wednesday & Friday

Beginner	4:30 pm - 4:55 pm
Adv. Beginner	5:00 pm - 5:25 pm
Intermediate	5:30 pm - 5:55 pm
Tiny Tots	6:00 pm - 6:25 pm
Swimmer	6:30 pm - 6:55 pm
Adult Adv. Beginner	7:00 pm - 7:25 pm

*Swim Lessons are subject to change *A swim assessment is required if the participant is 7 years of age or older. Swim Lessons begin at age 3.

SESSION & REGISTRATION DATES

Registration Dates

Session 1	September 13
Session 2	October 11
Session 3	November 8

Session Dates

Session 1	September 13 - October 10
Session 2	October 11 - November 7
Session 3	November 8 - December 9

PRE ACADEMY TRAINING

Classroom Lecture

10:00am - 4:00pm Sunday

Swim Workouts

Tuesday & Thursday 4:30pm-5:30pm

LOS ANGELES CITY

PRIVATE LESSONS

LESSONS

All lessons are on a first come, first served basis

No refunds will be approved unless a series is cancelled; all

All children under the age of 7, must be accompanied by an

adultparent/guardian while on the premises and in the water.

and scheduled based on staffing availability.

Fees must be paid at the time of registration. Checks payable to: City of L.A. Dept. of Rec. & Parks

No refunds will be approved unless a series is cancelled.

refunds will be given an administration fee of 10%.

Tiny Tots Class - \$80

No telephone registration.

Youth Group Lessons - \$67

Adult Group Lessons - \$67

Saturdays & Sundays 1:00pm - 4:30pm *Scheduled based on staffing availability. *See pool clerk for availability

*In person registration ONLY

Private (8 Lessons) - \$216.00 Semi-Private (8 Lessons) - \$320.00

Aqua Fit-High Impact

Tuesday /Thursday: 7:00 pm or Practice: Wednesday/Friday 7:00 pm

Cost: \$55 series, or \$6 per class (Adults 18-49) \$45 series, or \$5 per class (Adults 50+)

This high impact class is a calorie burning workout that utilizes muscular, cardiovascular, and aerobic conditioning. This fun exercise will help with strengthening and toning.

