YOSEMITE RECREATION CENTER

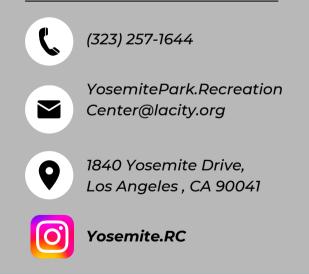


Aikido Classes

WEDNESDAYS & FRIDAYS

\$30 per month

Ages 18 + 7:30pm-8:30pm





As an art of self-defense, Aikido is based on the non-violent resolution of conflict. Aikido techniques develop balance, awareness, and inner strength as well as the ability to remain calm, find alternatives to conflict, and protect yourself and others.



Scan this code to register!

https://www.laparks.org/reccenter/yosemite

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

Achieving Gender Equity through a continuous commitment to girls and woman in sports.

Programs and classes are subject to change or cancellation without notice.

No full refunds will be issued unless the program is cancelled by the Recreation Center. A 15% administrative fee is applied to all refunds.