

Metro Region 2025 Girls Volleyball All Star Tournament



“SPORTSMANSHIP IS EVERYONE’S RESPONSIBILITY! BE A GOOD SPORT!”

Achieving gender equity through a continuous commitment to girls and women in sports.

Metro Region Sports Board

Carlos Alvarado	Recreation Supervisor
Christian Oliva	President
Elizabeth Marquez	Vice President
Mayra Alvarez	Treasurer
Constance Caldwell	Secretary

Volleyball Chairs: Amina Mercado & Mayra Alvarez

Members:

Central District: Ana Valdez

East District: Christian Oliva, Constance Caldwell, Amina Mercado, Kevin Gomez

Griffith District: Michael Garcia

North District: Miranda Lara, Ricardo Gutierrez

North West District: Joshua Jackson, Veronica Pinedo, Mayra Alvarez, Edwin Quinonez, Elizabeth Marquez

Metro Region - 2025 Tournament Format

All Star Format

1. 2025 Citywide Volleyball rules shall apply.
2. All players, coaches and staff must sign the game card / sign in sheet prior to playing in the game.
3. We are not allowing teams that are waiting to play to enter the gym. We will have a designated area in case of inclement weather. (room, lobby, etc)
4. Home and visiting team are listed on the schedule and will be positioned on the same side of the court. All parents and spectators will remain on the opposite side of the court and are not allowed on the team benches.
5. Coaches must sign a Code of Conduct and are responsible for conduct of their teams and fans.
6. Teams forfeiting due to:
 - a. Code of Conduct violation
 - b. Playing an ineligible player during the tournament.
 - i. **Will forfeit their last game and their opponent shall advance.**
7. It is the responsibility of the coach to find out when and where their team plays when advancing in tournament play.
8. The winning team in each division will move on and play in Citywide Single Elimination play.
9. In the event of a pool play tie the winner will be determined as noted below:
 - a. Head to head record
 - b. Fewest points allowed
10. Games will start on time. There is no grace period. It is up to each team to allow proper travel time to get to each game venue on time.
11. Minor Divisions will use Volley-Lite Volleyballs. The Majors and Junior Division will use standard High School Volleyballs.
12. Teams will play best 2 out of 3 sets to win the match. Cap on the first 2 sets is 35 and in the 3rd set it is 25.
13. Mandatory Play Rule: A mandatory rotation is required when the serving team fails to win the point or makes an illegal play (side out), 1 bench player must rotate into the game.
14. The Sports Board will provide the official game ball.
15. Rules Protest Procedures: Protests will only be accepted concerning a misinterpretation of the rules by only the Head Coach (not an Assistant Coach). Coaches must notify officials prior to the start of the next play if there is a protest. The game will be stopped at that point and the committee will be called to make the final decision. The committee's decision shall be final. Protest time is not part of game time. Protests will not be heard on official's judgment calls.
16. Eligibility Protest Procedure: The Sports Board has taken reasonable steps to verify that all players in the tournament meet eligibility requirements. All players must appear on a league roster and have shown a valid proof of age. Any eligibility protests require proof from the manager that is protesting. A hearing will be held on such protests and the decision of the committee is final. Eligibility protests must be made immediately after the last game played.
17. Any player, coach, or spectator that is ejected from the game, must leave the immediate vicinity of the playing field/court. The Citywide Sports Board reserves the right to determine a possible suspension of the person ejected based on the severity of the act/s leading to ejection.
18. After the conclusion of each game each team must make sure all trash is put away.

PURSUING VICTORY WITH HONOR

Minor Division

POOL 1 NORMANDIE, BELLEVUE, WABASH

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	6:00 PM	Evergreen RC	Wabash	VS	Normandie
Wednesday	12/3/25	6:00 PM	Downey RC	Bellevue	VS	Wabash
Saturday	12/6/25	9:00 AM	Evergreen RC	Normandie	VS	Bellevue

POOL 2 YOSEMITE, ELYSIAN VALLEY, PAN PACIFIC A

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	7:00 PM	Evergreen RC	Yosemite	VS	Elysian Valley
Wednesday	12/3/25	7:00 PM	Downey RC	Elysian Valley	VS	Pan Pacific A
Saturday	12/6/25	10:00 AM	Evergreen RC	Pan Pacific A	VS	Yosemite

POOL 3 GARCIA, LAFAYETTE, EL SERENO

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	8:00 PM	Evergreen RC	Garcia	VS	Lafayette
Wednesday	12/3/25	8:00 PM	Downey RC	Lafayette	VS	El Sereno
Saturday	12/6/25	11:00 AM	Evergreen RC	El Sereno	VS	Garcia

POOL 4 DOWNEY, EAGLE ROCK, COSTELLO, SEOUL INT'L

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	6:00 PM	El Sereno RC	Downey	VS	Eagle Rock
Tuesday	12/2/25	7:00 PM	El Sereno RC	Costello	VS	Seoul Int'l
Thursday	12/4/25	6:00 PM	Downey RC	Costello	VS	Downey
Thursday	12/4/25	7:00 PM	Downey RC	Seoul Int'l	VS	Eagle Rock
Saturday	12/6/25	12:00 PM	Evergreen RC	Eagle Rock	VS	Costello
Saturday	12/6/25	1:00 PM	Evergreen RC	Seoul Int'l	VS	Downey

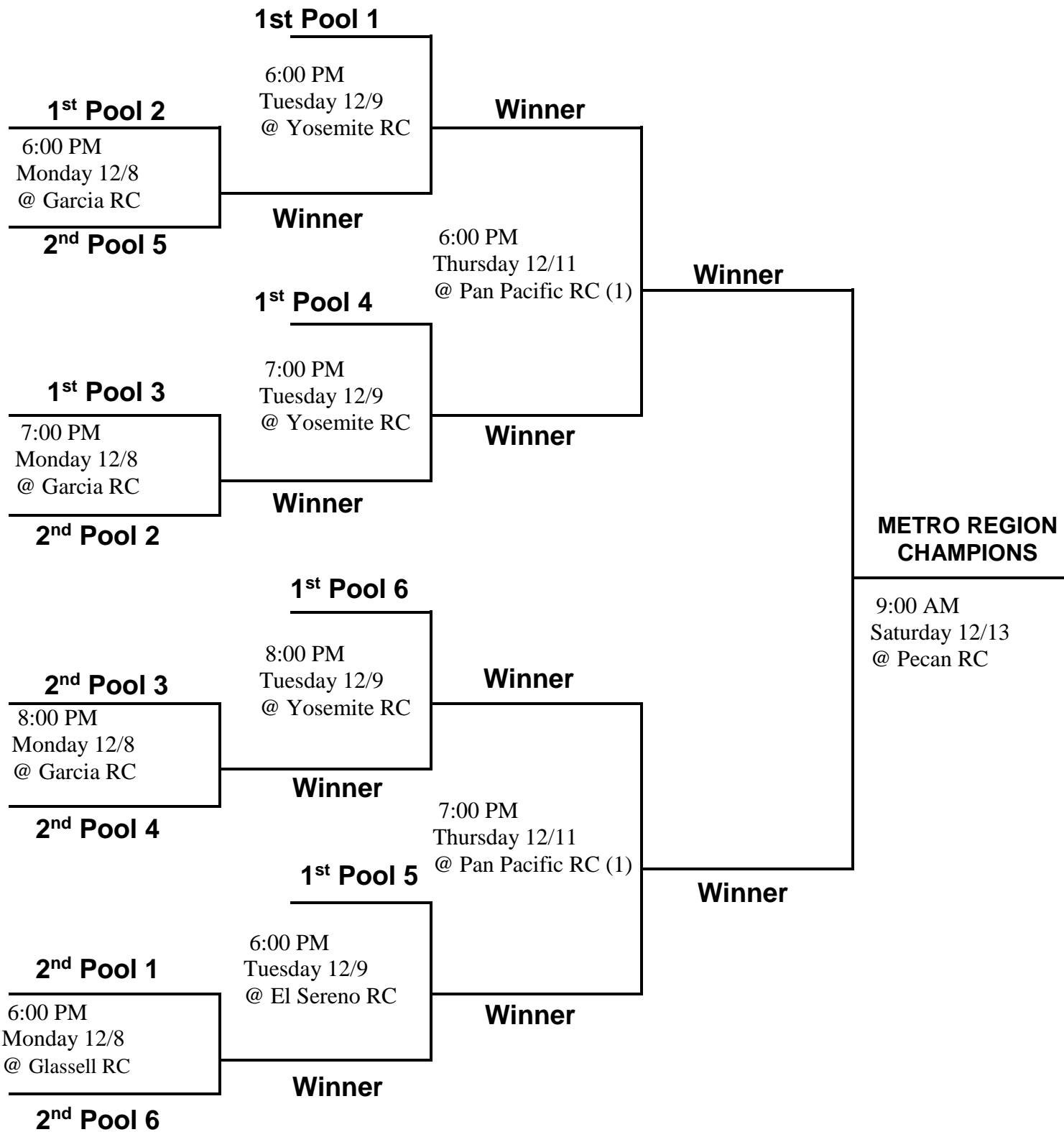
POOL 5 HIGHLAND PARK, EVERGREEN, CHEVY CHASE, PAN PACIFIC B

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	8:00 PM	El Sereno RC	Pan Pacific B	VS	Highland Park
Tuesday	12/2/25	6:00 PM	Montecito RC	Chevy Chase	VS	Evergreen
Thursday	12/4/25	8:00 PM	Downey RC	Pan Pacific B	VS	Chevy Chase
Thursday	12/4/25	6:00 PM	Garcia RC	Highland Park	VS	Evergreen
Saturday	12/6/25	2:00 PM	Evergreen RC	Evergreen	VS	Pan Pacific B
Saturday	12/6/25	3:00 PM	Evergreen RC	Highland Park	VS	Chevy Chase

POOL 6 QUEEN ANNE, ECHO PARK, GLASSELL, HAZARD

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	7:00 PM	Montecito RC	Queen Anne	VS	Hazard
Tuesday	12/2/25	8:00 PM	Montecito RC	Echo Park	VS	Glassell
Thursday	12/4/25	7:00 PM	Garcia RC	Echo Park	VS	Queen Anne
Thursday	12/4/25	8:00 PM	Garcia RC	Glassell	VS	Hazard
Saturday	12/6/25	4:00 PM	Evergreen RC	Hazard	VS	Echo Park
Saturday	12/6/25	9:00 AM	Pan Pacific RC (1)	Glassell	VS	Queen Anne

Minor Division



Major Division

POOL 1 EVERGREEN B, ELYSIAN VALLEY, LAFAYETTE, PAN PACIFIC B						
DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	6:00 PM	Pan Pacific RC (1)	Lafayette	VS	Pan Pacific B
Monday	12/1/25	7:00 PM	Pan Pacific RC (1)	Evergreen B	VS	Elysian Valley
Wednesday	12/3/25	6:00 PM	El Sereno RC	Evergreen B	VS	Lafayette
Wednesday	12/3/25	7:00 PM	El Sereno RC	Elysian Valley	VS	Pan Pacific B
Saturday	12/6/25	10:00 AM	Pan Pacific RC (1)	Pan Pacific B	VS	Evergreen B
Saturday	12/6/25	11:00 AM	Pan Pacific RC (1)	Elysian Valley	VS	Lafayette

POOL 2 HAZARD, PAN PACIFIC A, WABASH, POINSETTIA						
DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	8:00 PM	Pan Pacific RC (1)	Hazard	VS	Wabash
Monday	12/1/25	6:00PM	Pan Pacific RC (2)	Poinsettia	VS	Pan Pacific A
Wednesday	12/3/25	8:00 PM	El Sereno RC	Poinsettia	VS	Hazard
Wednesday	12/3/25	8:00 PM	Pecan RC	Pan Pacific A	VS	Wabash
Saturday	12/6/25	12:00 PM	Pan Pacific RC (1)	Wabash	VS	Poinsettia
Saturday	12/6/25	1:00PM	Pan Pacific RC (1)	Pan Pacific A	VS	Hazard

POOL 3 EL SERENO, STATE ST., YOSEMITE, SHATTO						
DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	7:00 PM	Pan Pacific RC (2)	Shatto	VS	State St.
Monday	12/1/25	8:00 PM	Pan Pacific RC (2)	Yosemite	VS	El Sereno
Wednesday	12/3/25	6:00 PM	Pecan RC	El Sereno	VS	State St.
Wednesday	12/3/25	7:00 PM	Pecan RC	Yosemite	VS	Shatto
Saturday	12/6/25	2:00 PM	Pan Pacific RC (1)	State St.	VS	Yosemite
Saturday	12/6/25	3:00 PM	Pan Pacific RC (1)	El Sereno	VS	Shatto

POOL 4 CHEVY CHASE, EVERGREEN A, NORMANDIE, EAGLE ROCK						
DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	6:00 PM	Yosemite RC	Chevy Chase	VS	Eagle Rock
Tuesday	12/2/25	7:00 PM	Yosemite RC	Evergreen A	VS	Normandie
Thursday	12/4/25	6:00 PM	Glassell RC	Evergreen A	VS	Chevy Chase
Thursday	12/4/25	7:00 PM	Glassell RC	Normandie	VS	Eagle Rock
Saturday	12/6/25	4:00 PM	Pan Pacific RC (1)	Eagle Rock	VS	Evergreen A
Saturday	12/6/25	9:00 AM	Pan Pacific RC (2)	Normandie	VS	Chevy Chase

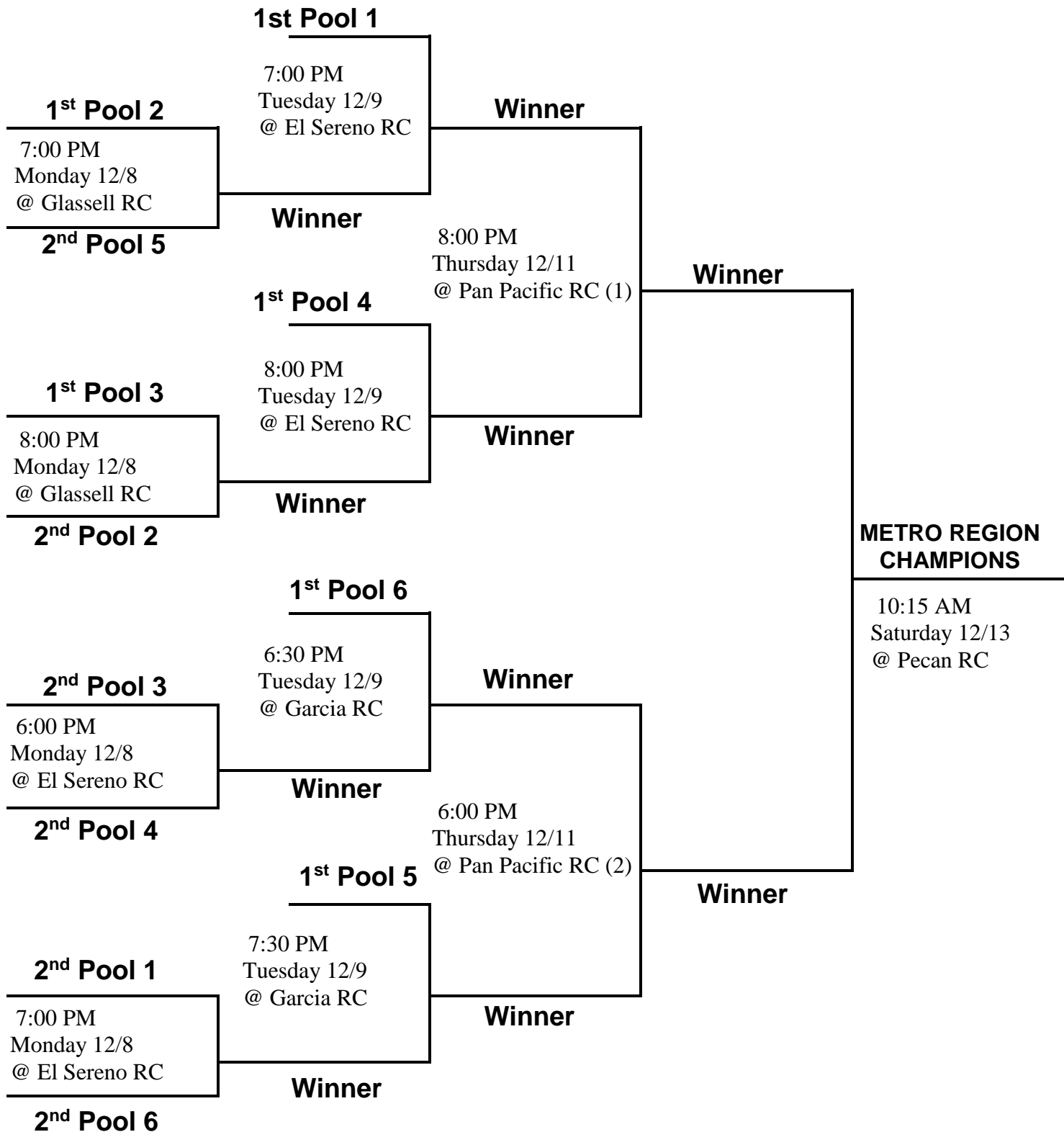
POOL 5 SEOUL INT'L, DOWNEY, COSTELLO A, GLASSELL

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	8:00 PM	Yosemite RC	Glassell	VS	Seoul Int'l
Tuesday	12/2/25	6:00 PM	Downey RC	Downey	VS	Costello
Thursday	12/4/25	8:00 PM	Glassell RC	Costello	VS	Seoul Int'l
Thursday	12/4/25	6:00 PM	Yosemite RC	Downey	VS	Glassell
Saturday	12/6/25	10:00 AM	Pan Pacific RC (2)	Seoul Int'l	VS	Downey
Saturday	12/6/25	11:00 AM	Pan Pacific RC (2)	Glassell	VS	Costello

POOL 6 ECHO PARK, GARCIA, COSTELLO B, QUEEN ANNE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	7:00 PM	Downey RC	Echo Park	VS	Garcia
Tuesday	12/2/25	8:00 PM	Downey RC	Costello	VS	Queen Anne
Thursday	12/4/25	7:00 PM	Yosemite RC	Costello	VS	Echo Park
Thursday	12/4/25	8:00 PM	Yosemite RC	Queen Anne	VS	Garcia
Saturday	12/6/25	12:00 PM	Pan Pacific RC (2)	Garcia	VS	Costello
Saturday	12/6/25	1:00 PM	Pan Pacific RC (2)	Queen Anne	VS	Echo Park

Major Division



Junior Division

POOL 1 PECAN A, EL SERENO, PAN PACIFIC, HIGHLAND PARK

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	6:00 PM	Pecan RC	Pecan A	VS	El Sereno
Monday	12/1/25	7:00 PM	Pecan RC	Pan Pacific	VS	Highland Park
Wednesday	12/3/25	6:00PM	Pan Pacific RC (1)	Pan Pacific	VS	Pecan A
Wednesday	12/3/25	7:00PM	Pan Pacific RC (1)	Highland Park	VS	El Sereno
Saturday	12/6/25	2:00 PM	Pan Pacific RC (2)	Pecan A	VS	Highland Park
Saturday	12/6/25	3:00 PM	Pan Pacific RC (2)	El Sereno	VS	Pan Pacific

POOL 2 STATE ST., ELYSIAN VALLEY, NORMANDIE, LAFAYETTE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	8:00 PM	Pecan RC	Normandie	VS	Elysian Valley
Monday	12/1/25	6:00 PM	El Sereno RC	Lafayette	VS	State St.
Wednesday	12/3/25	8:00PM	Pan Pacific RC (1)	State St.	VS	Elysian Valley
Wednesday	12/3/25	6:00PM	Pan Pacific RC (2)	Lafayette	VS	Normandie
Saturday	12/6/25	9:00 AM	Garcia RC	Normandie	VS	State St.
Saturday	12/6/25	10:00 AM	Garcia RC	Elysian Valley	VS	Lafayette

POOL 3 EAGLE ROCK, SEOUL INT'L, EVERGREEN, PECAN B

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/1/25	7:00 PM	El Sereno RC	Evergreen	VS	Pecan B
Monday	12/1/25	8:00 PM	El Sereno RC	Eagle Rock	VS	Seoul Int'l
Wednesday	12/3/25	7:00 PM	Pan Pacific RC (2)	Seoul Int'l	VS	Pecan B
Wednesday	12/3/25	8:00 PM	Pan Pacific RC (2)	Eagle Rock	VS	Evergreen
Saturday	12/6/25	11:00 AM	Garcia RC	Evergreen	VS	Seoul Int'l
Saturday	12/6/25	12:00 PM	Garcia RC	Pecan B	VS	Eagle Rock

POOL 4 POINSETTIA, ECHO PARK, COSTELLO, CHEVY CHASE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	6:30 PM	Garcia RC	Costello	VS	Echo Park
Tuesday	12/2/25	7:30 PM	Garcia RC	Chevy Chase	VS	Poinsettia
Thursday	12/4/25	6:30 PM	Pan Pacific RC (1)	Echo Park	VS	Poinsettia
Thursday	12/4/25	7:30 PM	Pan Pacific RC (1)	Chevy Chase	VS	Costello
Saturday	12/6/25	1:00 PM	Garcia RC	Poinsettia	VS	Costello
Saturday	12/6/25	2:00 PM	Garcia RC	Echo Park	VS	Chevy Chase

POOL 5 GARCIA, YOSEMITE, QUEEN ANNE, BELLEVUE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/2/25	6:30 PM	Pecan RC	Yosemite	VS	Bellevue
Tuesday	12/2/25	7:30 PM	Pecan RC	Garcia	VS	Queen Anne
Thursday	12/4/25	6:30 PM	Pan Pacific RC (2)	Queen Anne	VS	Bellevue
Thursday	12/4/25	7:30 PM	Pan Pacific RC (2)	Yosemite	VS	Garcia
Saturday	12/6/25	3:00 PM	Garcia RC	Bellevue	VS	Garcia
Saturday	12/6/25	4:00 PM	Garcia RC	Queen Anne	VS	Yosemite

Junior Division

1st Pool 2

6:30 PM
Tuesday 12/9
@ Glassell RC

Winner

1st Pool 1

8:00 PM
Monday 12/8
@ El Sereno RC

Winner

2nd Pool 3

1st Pool 4

6:00 PM
Monday 12/8
@ Pecan RC

7:00 PM
Thursday 12/11
@ Pan Pacific RC (2)

Winner

2nd Pool 5

**METRO REGION
CHAMPIONS**

1st Pool 3

7:30 PM
Tuesday 12/9
@ Glassell RC

Winner

2nd Pool 4

7:00 PM
Monday 12/8
@ Pecan RC

Winner

2nd Pool 2

1st Pool 5

8:00 PM
Monday 12/8
@ Pecan RC

8:00 PM
Thursday 12/11
@ Pan Pacific RC (2)

Winner

2nd Pool 1

11:30 AM
Saturday 12/13
@ Pecan RC

SPORTSMANSHIP STATEMENT

Good sportsmanship among spectators, parents, coaches, players, and officials are expected.

We require that ALL spectators practice supportive and encouraging behavior at all times.

Inappropriate conduct and/or negative gestures are not allowed during any part of the game.

Examples of such behavior include the following:

Taunting the opposing team and their supporters.

Derogatory comments to the officials/referees and others

Distracting players with stomping, yelling, and/or banging devices.

Usage of loud sounds such as horns/whistles/bells are prohibited.

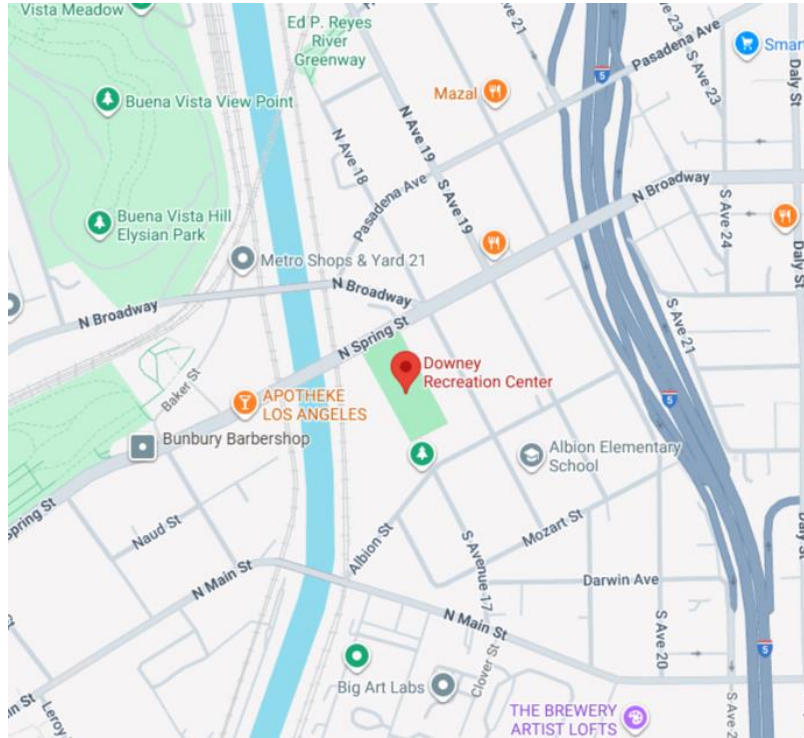
Failure to comply with the above rules may officially end the game and result in a forfeit loss for the offending team(s).



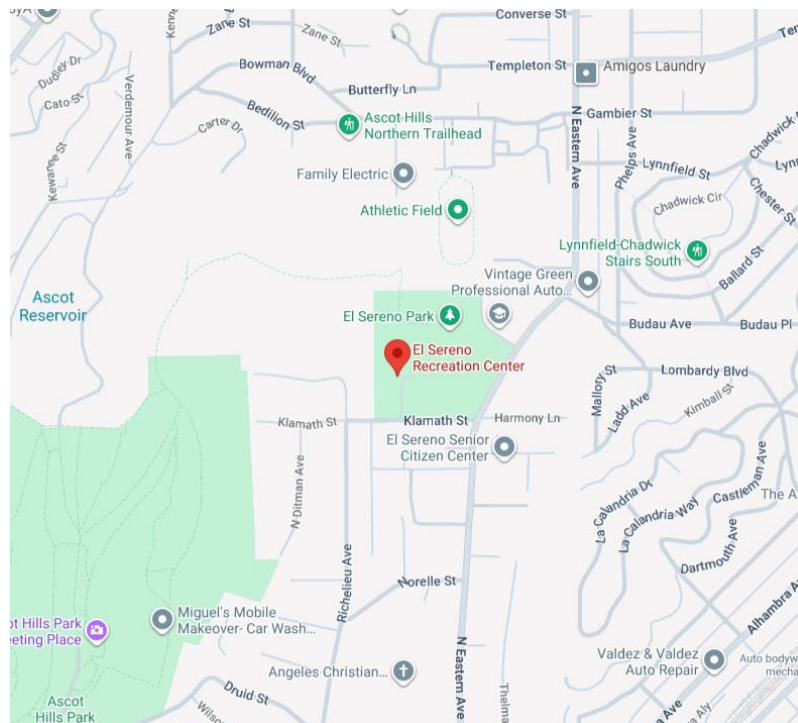
QR FOR METRO REGION TOURNAMENT SCORES

Recreation Centers - Address Information:

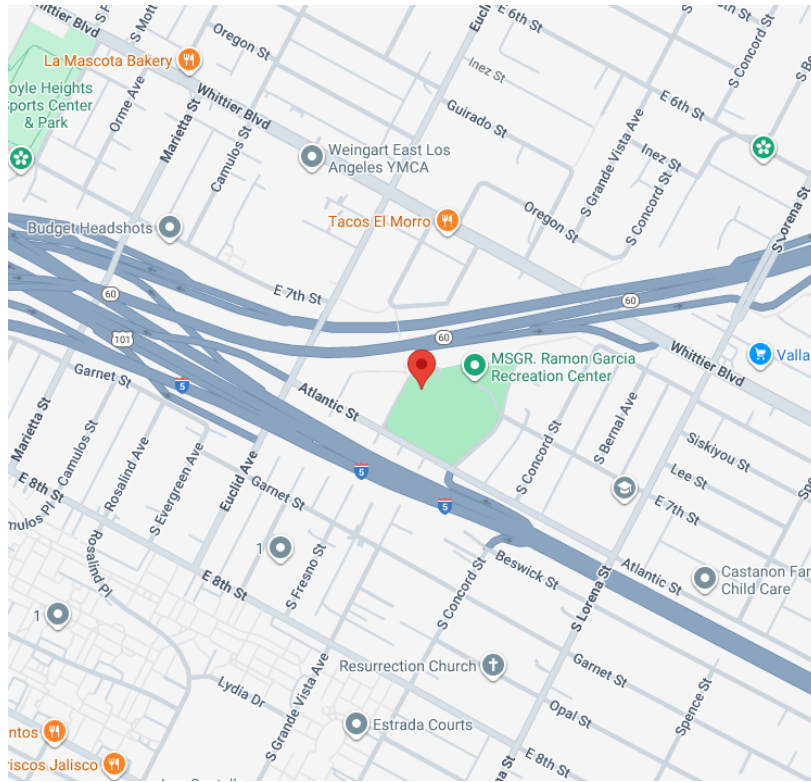
Downey RC - 1739 Albion St. Los Angeles, CA 90031



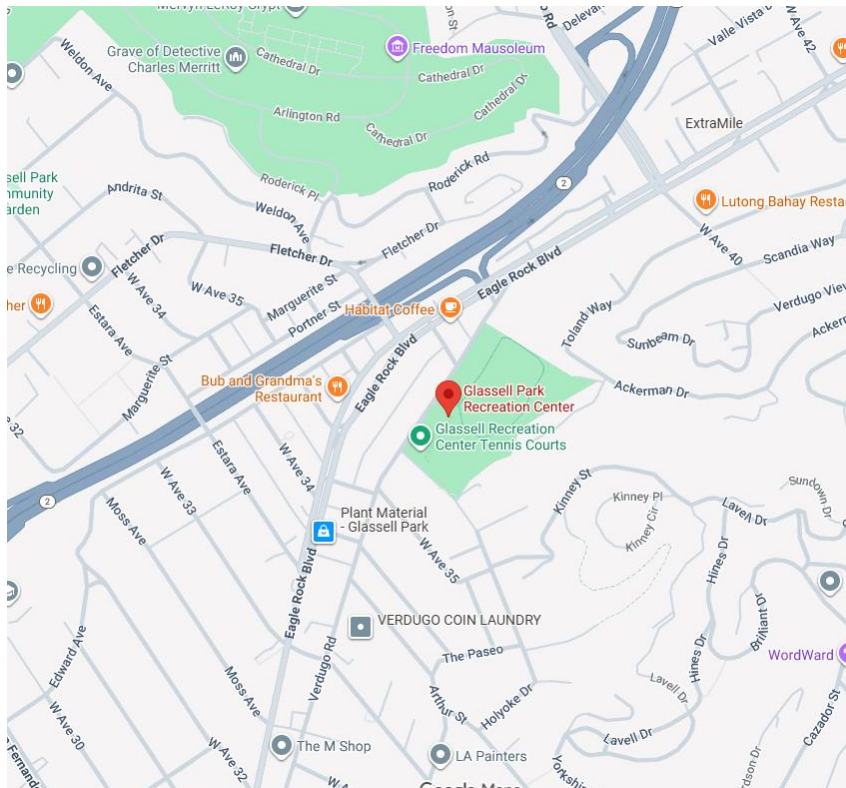
El Sereno RC - 4721 Klamath St. Los Angeles, CA 90032



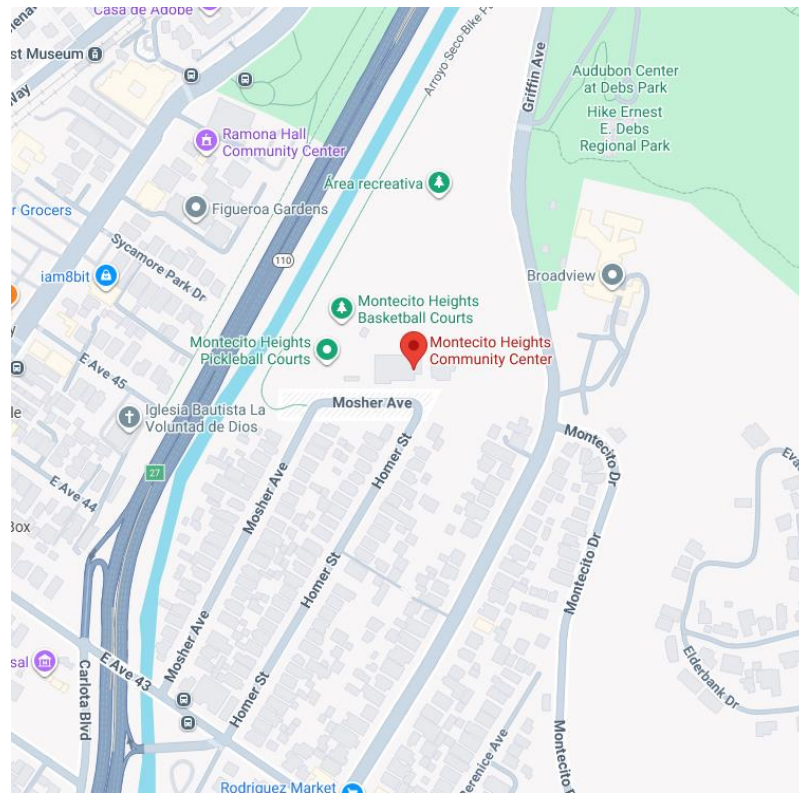
Garcia RC -1016 S. Fresno St. Los Angeles, CA 90023



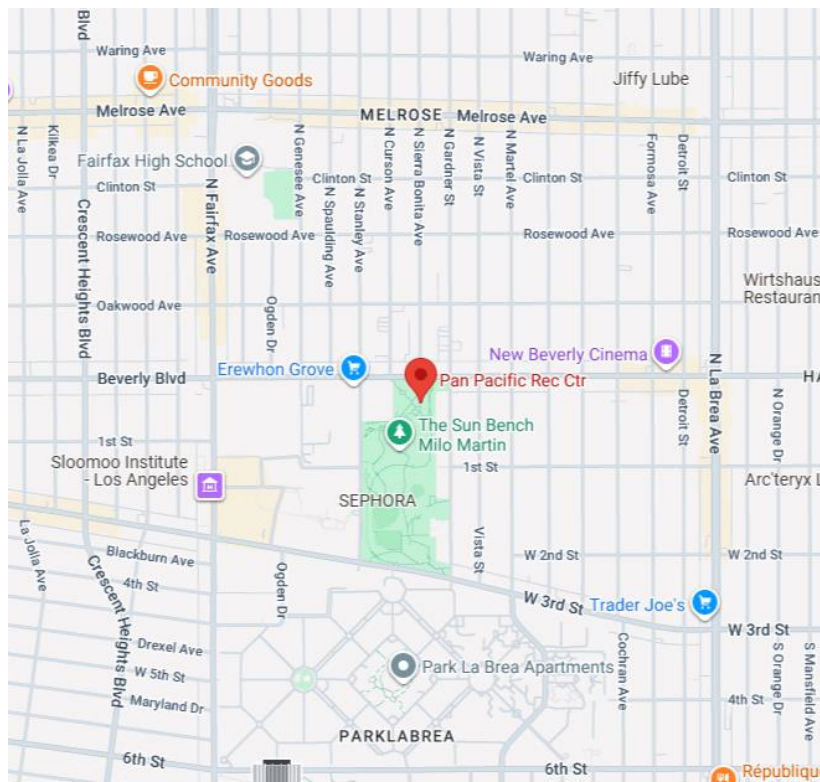
Glassell RC - 3650 Verdugo Rd. Los Angeles, CA 90065



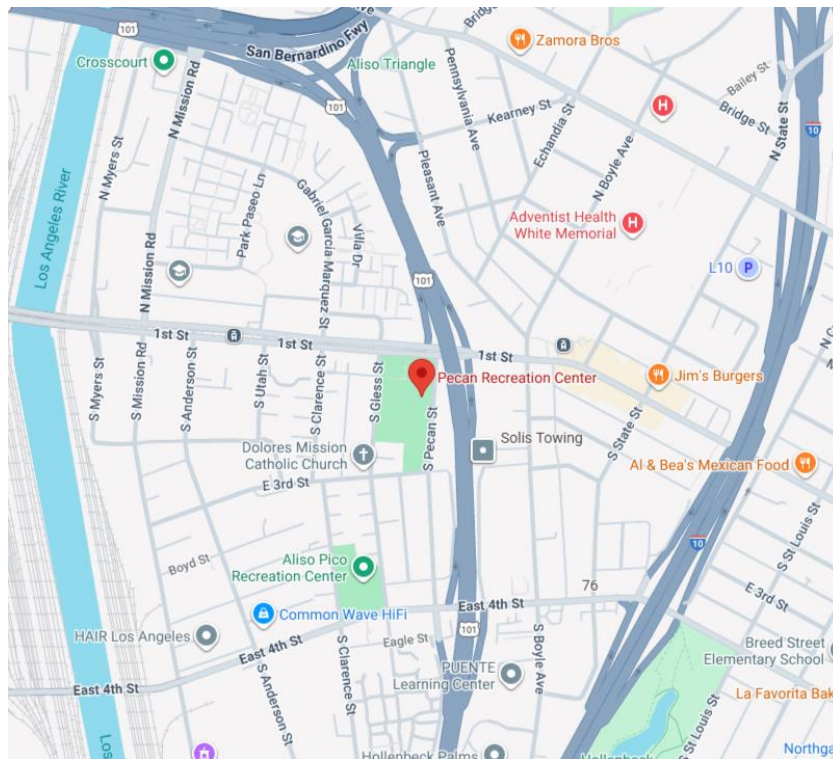
Montecito Heights RC - 4545 Homer St. Los Angeles, CA 90031



Pan Pacific RC - 7600 Beverly Blvd. Los Angeles, CA 90036



Pecan RC – 145 S. Pecan St. Los Angeles, CA 90033



Yosemite RC - 1840 Yosemite Dr. Los Angeles, CA 90041

