

OREO MOON PHASES

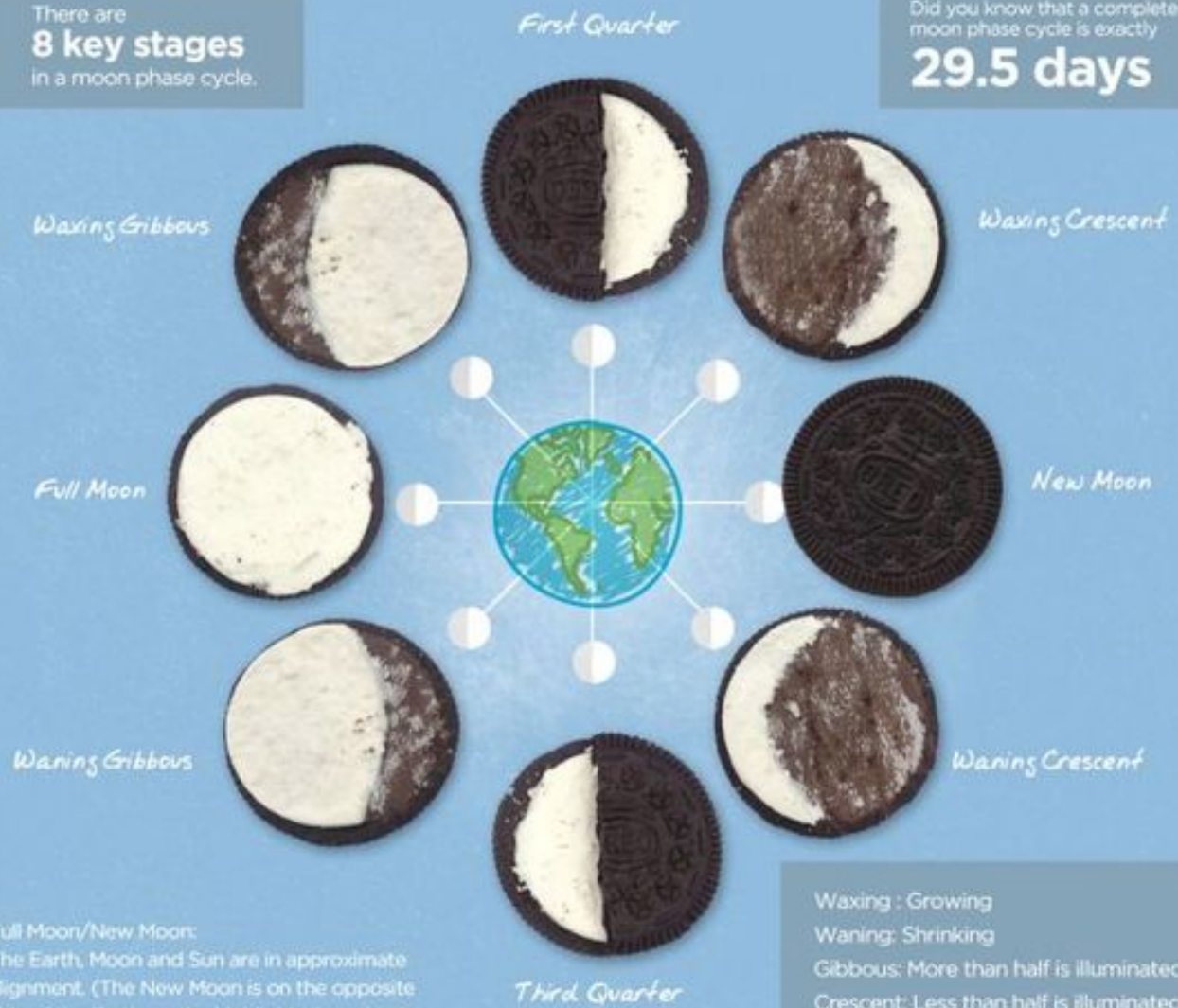
Moon Phases Explained

(With Oreo Cookies)



There are **8 key stages** in a moon phase cycle.

Did you know that a complete moon phase cycle is exactly **29.5 days**



Full Moon/New Moon:
The Earth, Moon and Sun are in approximate alignment. (The New Moon is on the opposite side of the Earth, so the highlighted portion is entirely hidden from view.)

Waxing : Growing
Waning: Shrinking
Gibbous: More than half is illuminated
Crescent: Less than half is illuminated

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