## FAIRFAX SENIOR CENTER



## MEDITATIVE YOGA&SOUNDBATH

**BEGINNERS, EASY FLOW** 

EVERY TUES AND THUR 1-2PM

NO COST TO JOIN

LET YOUR MIND BE FREE



Persons with disabilities are welcome to participate
Reasonable accommodations will be made with prior arrangement
City of Los Angeles Mayor Karen Bass

5th District Councilwoman Katy Yaroslavsky

