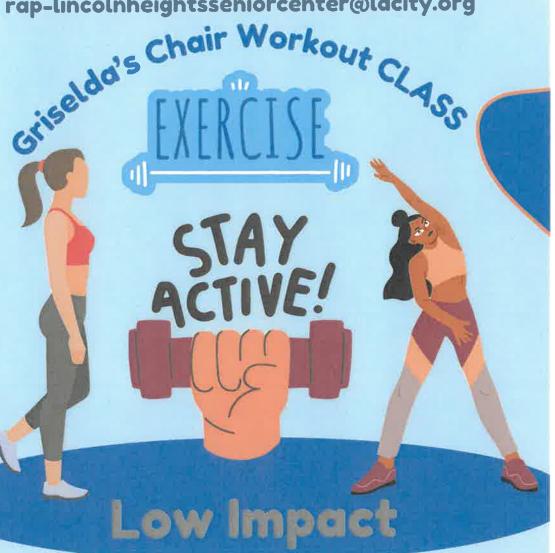
LINCLON HEIGHTS SENIOR CITIZEN CENTER

2323 Workman St. LA CA. 90031 (323) 225-9339

rap-lincolnheightsseniorcenter@lacity.org



Tuesdays's and Thursdays 2pm Auditorium \$1.00 Per-Class Register in Office.

Safe, effective, low impact workout good for all fitness levels

Persons with disabilities are welcomed to participate in our classes and programs, reasonable accomodations will be made with prior arrangements.