



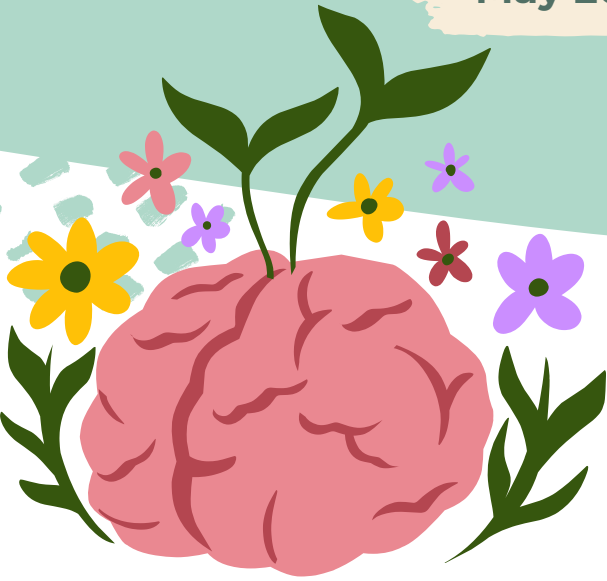
City of Los Angeles, Department of Recreations & Parks
 Pan Pacific Senior Activity Center
 141 S. Gardner St.,
 Los Angeles, CA 91405
 (323)935-5705
 panpacific.seniorcenter@lacity.org

Pan Pacific Senior Activity Center Presents

MENTAL HEALTH AWARENESS WORKSHOP: OLDER POPULATION

For adults 50+

May 20, 2024 from 12:30PM-2:30PM



**MAY IS MENTAL
 HEALTH AWARENESS
 MONTH!**



**Join us for an interactive
 workshop featuring
 discussions, resources, and
 engaging activities centered
 around mental health
 awareness and well-being !**

Light refreshments will be served.

**FREE to
 Members.
 Bring a Friend !**

**Register
 in-person !**



**Follow us on Instagram and
 TikTok @PanPacificSAC**

NOTE: First come first served basis. Payments must be made no later than the first week of the month. Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Programs and classes are subject to change or cancellation without notice. No refunds will be issued unless the program is cancelled by the senior center.

