



Westchester Senior Center

Annual Membership dues \$12 Jan 1-Dec 31 2024

8740 LINCOLN BLVD, LOS ANGELES CA 90045
(310)649-3317 | WESTCHESTER.SCC@LACITY.ORG

TO REGISTER FOR OUR PROGRAMS VISIT:
LAPARKS.ORG/SCC/WESTCHESTER
CALL 310-649-3317, OR SIGN UP IN PERSON



REGISTRATION OPENS FEB 21, 2024



ALL PROGRAMS SUBJECT TO CHANGEOR CANCELLATION WITHOUT NOTICE

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.



| MONDAY | | | | |
|---------------------------|-------------------|-----------------|----------------|-----------|
| PROGRAM | TIME | NON MEMBER FEE | MEMBER FEE | DATES |
| Knitting & Crochet Class | s 9am-12pm | \$25 / month | \$25 / month | 4/1-6/24 |
| Genealogy 101 (*) | 10am - 11am | \$12 | Free | 4/1-6/24 |
| Master Sculpters | 12pm-1pm | \$15 | Free | 4/1-6/10 |
| Breath & Balance | 2pm-3pm | \$5 / session | Free | 4/1-5/20 |
| Watercolor for Beginners | 2pm-4pm | \$100 | \$50 | 4/1-5/20 |
| Yoga: Grounding | 5pm-6pm | \$80 | \$40 | 4/1-5/20 |
| Kickboxing | 7:30-8:30pm | \$80 | \$40 | 4/8-6/1 |
| TUESDAY | | | | |
| Zumba | 9am - 10am | \$10 /month | Free | 4/2-6/25 |
| Garden Charm | 10am-11am | \$10 / month | Free | 4/2-6/25 |
| Bingosize T/Th | 11:30am-1:30pm | Free | Free | 4/16-6/20 |
| Mixed Media Studio Time | lpm-4pm | \$20 / month | \$10 / month | 4/2-6/25 |
| Walking Club | 1pm - 2pm | Free | Free | 4/2-6/25 |
| Pilates | 6pm-7pm | \$90 | \$45 | 4/9-5/28 |
| WEDNESDAY | | | | |
| Country Line Dance | 9am-10am | \$40 | \$20 | 4/3-6/26 |
| Chair Yoga | 10:30-11:30am | \$10 / month | Free | 4/3-6/26 |
| Bingo | 12pm-2pm | \$.25c a card | \$.25c a card | 4/3-6/26 |
| Ping Pong | 2:30-3:30pm | Free | Free | 4/3-6/26 |
| MMA Fundamentals | 7:30 - 8:30pm | \$80 | \$40 | 4/10-5/28 |
| THURSDAY | | | | |
| Latin Ballroom Dance | 9am-10am | \$40 | \$20 | 4/4-6/26 |
| Gentle Exercise | 10am - 11am | \$10 / month | \$5 / month | 4/4-6/27 |
| Spring crafting w/ Jolene | 10am - 11:30am | Free | Free | 4/4-5/30 |
| Bingosize T/Th | 11:30am-1:30pm | Free | Free | 4/16-6/20 |
| Karaoke: 1&3 Thurs | 12pm - 2pm | Free | Free | 4/4-6/27 |
| Watercolor Studio | 2pm - 4pm | \$10 / month | \$5 / month | 4/4-6/27 |
| Adult Dance Workshop | 7-8:30pm | \$120 / session | \$60 / session | 4/11-5/30 |
| FRIDAY | | | | |
| Zumba | 9am-10am | \$10 / month | Free | 4/5-6/28 |
| Walking Club | 9:15am-10am | Free | Free | 4/5-6/28 |
| One on One Tech Help | 10am - 2pm | Free | Free | 4/5-6/28 |
| Gentle Yoga | 10:15am - 11:15am | \$80 | \$40 | 4/5-5/24 |
| Memory Retention | 12pm - 1pm | \$15 | Free | 4/5-5/24 |
| Cinema Club: 2/4th Fri | 1pm - 3pm | Free | Free | 4/5-6/28 |
| Knitting Club | 1pm - 3pm | Free | Free | 4/5-6/28 |
| Scrapbooking Club | 2pm - 3pm | \$15 | Free | 4/5-6/28 |

MEMBERSHIP AVAILABLE: 50+, \$12/YEAR